

# Credentialing News



**Te Ao Maramatanga**  
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## Whakatauki

*“He maurea kai whiria!”*

*Ignore small matters and direct effort toward important projects*

## Welcome to this edition of Credentialing News!

Please feel free to share this newsletter with colleagues and let us know about resources you come across in your mahi, that we can share.

This month's proverb was chosen for its view of the bigger picture. The resources in this newsletter link to this too, looking at the bigger picture, learning from mistakes and continuing to learn.

<https://www.tepou.co.nz/initiatives/lets-get-real/e-learning-modules>

Te Pou has an extensive range of FREE E-learning. The packages are informative and cover a range of topics from Neurodivergent People, Working with Māori People, Lived Experiences of Mental Illness, and much more. You can even share these with friends who don't work in Health as E-learning is free for everyone.

Personal review- “The E-learning was helpful and made so much sense. It's the kind of learning that makes you go yes of course that feels so obvious but sometimes you need support to change your

 **Pūkoro**



## Integrating nurse practitioners into primary healthcare to advance health equity through a social justice lens: An integrative review - Adams - 2024 - Journal of Advanced Nursing - Wiley Online Library

The following review examines the why and how of integrating nurse practitioners into primary care. It goes into great detail and examines over 20 papers and emphasizes that although it would be a significant task it would be well worth it to have nurse practitioners front and centre in primary care.

The potential flow-on effects could take the stress off of Emergency Services by having more support in the primary healthcare space.

<https://www.smallsteps.org.nz/>

**Small Steps**

Small Steps is another resource that can help people to navigate their wellbeing and Mental Health journey. Created by Te Whatu Ora this resource allows people to learn skills to manage life's ups and downs and build resilience.