

# Credentialing News



**Te Ao Māramatanga**  
New Zealand College of Mental Health Nurses Inc

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## Whakataukī

*“Whāia e koe te iti kahurangi. Ki te tuohu me he maunga teitei”  
Seek the treasures of your heart, if you bow, let it be to a lofty mountain*

## Welcome to this edition of Credentialing News!

Please feel free to share this newsletter with colleagues and let us know about resources you come across in your mahi, that we can share.

### Refugees and mental wellbeing. A call for community approaches in Aotearoa New Zealand | Emerald Insight

This article is concerned with the question of what approaches best meet the wellbeing needs of refugee communities, if we consider that trauma recovery improves wellbeing. In Aotearoa New Zealand, there is a dearth of research locally to understand whether and how mental health needs are recognised and acted upon.



### Free mental health workshop for Rainbow communities & allies

Blueprint for Learning will be holding a free MH101 workshop for rainbow communities and their allies in Auckland on Friday 16 August from 9am-4.30pm at the Ellerslie International Hotel.

The workshop provides engaging MH101 content and is facilitated by members of rainbow communities who bring their experiences and knowledge to the training.

#### **Register now.**

For workshop sessions across Aotearoa or for online sessions, you can always find sessions to attend when you follow the link below:

#### **MH101®**

The Mental Health Foundation's Library Info Hub provides Kiwis with access to the latest resources about mental health and wellbeing. Through the Library Info Hub, you can access the foundations specialised library collection, as well browse catalogued electronic documents, academic literature, videos and websites. You can access the Library Info Hub by following the following link:  
[Library Info Hub](#)

