



Credentialing News

If you want to build a ship, don't drum up people to collect wood and don't assign them tasks and work, but rather teach them to long for the endless immensity of the sea.

Antoine de Saint-Exupery

Welcome to this edition of Credentialing News!

Please feel free to share this newsletter with colleagues and let us know about resources you come across in your mahi, that we can share.

Book review:

For this year's Pink Shirt Day Rochelle Cave, MHF's Community Engagement and Health Promotion Manager, reviewed Ruby Tui's new book *Little Ruby & friends*.

Professional rugby player Ruby Tui has written a kid's book about friendship and how to be a supportive friend based on her life experiences.

[Read Rochelle's review](#)



FRIDAY 17 MAY 2024

Pink Shirt Day is the day Aotearoa comes together to take a stand against bullying. The [Mental Health Foundation of New Zealand](#) (MHFNZ) has run the campaign since 2012, inspiring tangata to:

**Kōrero Mai, Kōrero Atu, Mauri Tū, Mauri Ora –
Speak Up, Stand Together, Stop Bullying!**

LifeKeepers national suicide prevention training

LifeKeepers is the national suicide prevention training programme, created especially for New Zealand communities.

Le Va has collaborated with academics, people with lived experience, those who have lost loved ones to suicide, and community leaders.

LifeKeepers blends an evidence-based approach with local knowledge to offer community-focused, safe, and culturally sensitive training. Register for free on our site: [LifeKeepers website](#).

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