

Credentialing News



Te Ao Māramatanga
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Waiho i te toipoto, kaua i te toiroa

Let us keep close together, not far apart

Welcome to this edition of Credentialing News! Please feel free to distribute, as there are many useful resources, and it might encourage your colleagues to consider credentialing in the future too. Also, feel free to let us know about resources you come across in your mahi, that we can share with others.

Professional Development

[Why are friendships good for you?](#)

On the 5th of December there will be a webinar run by Robin Dunbar that explores the behavioural, cognitive and neurobiological bases of friendship and the impact of this on our overall health and longevity. This webinar goes from 7:30pm to 8:45pm

New Research

[Whakawhanaungatanga—Building trust and connections: A qualitative study indigenous Māori patients and whānau \(extended family network\) hospital experiences](#)

Using qualitative information from interviews with Māori patients who had been acutely hospitalised within the past twelve months as well as interviewing their family members a small new study has explored why Māori patients are often feeling like they cannot open up with and trust healthcare professionals. From their findings the researchers identified that this is in part due to the lack of Whakawhanaungatanga between patient and the provider. The researchers stated that the implications of the findings of this study should include a stronger focus on establishing a relationship with patients to better apply the health models that best support the individual. Click the title of this section to read the rest of their findings.

Updates and resources

Eating Disorders update- The Mental Health Foundation have recently updated their resources relating to [Eating disorders](#), [Anorexia nervosa](#) and [Bulimia nervosa](#).

These resources can help you to identify the signs of eating disorders or disordered eating habits and take the first steps of support.

They detail the types of therapies that can be accessed by patients and how to support them and their families. The resources also provide strategies that could be useful in promoting and helping with recovery.

Pink Shirt Day 2024

Now is the time to sign up for updates on next year's Pink Shirt Day on 17th of May. Share the kupu in your workplaces and communities and open the conversation on bullying. [Pink Shirt Day website](#) has many free downloadable resources.