

# Credentialing News



**Te Ao Māramatanga**  
New Zealand College of Mental Health Nurses Inc

Director- Lois Boyd

[credentialing@nzcmhn.org.nz](mailto:credentialing@nzcmhn.org.nz)

Kaitohu-Valerie Williams

[valerie.williams@terauora.com](mailto:valerie.williams@terauora.com)

Assessment Co-ordinator -Scarlett Teng

[assessment@nzcmhn.org.nz](mailto:assessment@nzcmhn.org.nz)

Credentialing Administrator -Regina Yhonjan

[credentialing.admin@nzcmhn.org.nz](mailto:credentialing.admin@nzcmhn.org.nz)

Ehara taku toa i te toa takitahi, engari he toa takitini – My success is not mine alone, it is the success of the collective. No one gets there alone.

Welcome to this edition of Credentialing News! Please feel free to distribute, as there are many useful resources, and it might encourage your colleagues to consider credentialing in the future too. Also, feel free to let us know about resources you come across in your mahi, that we can share with others.

## Professional Development Vaping: What Primary Healthcare Can Do!

Tuesday October 24<sup>th</sup> 1:00 to 1:30pm Zoom presentation. Q&A from 1:30

Dr Tessa Van der Kleij – Addiction Psychiatrist – CADS Service

One New Zealand: [+6498846780](tel:+6498846780), [8406427795](tel:+6406427795)#  
tap or [+6436590603](tel:+6436590603), [8406427795](tel:+6406427795)#  
mobile:

Meeting  
URL: <https://aucklanddhub.zoom.us/j/8406427795>

Meeting ID 840 642 7795

## Resources

The Puna Pūtea | Social Action Grants are proudly funded by the [Nōku te Ao](#) programme. These grants provide pūtea or funding to individuals and community, iwi and hapū groups and organisations who want to challenge mental distress judgements and discrimination through projects they design. The 2023 application process is open

<https://mentalhealth.org.nz/social-action-grants>

EaseUp is a free, mobile, community-based youth support organisation based in Auckland that supports rangatahi aged 12-24 who are experiencing challenges with mental wellbeing, alcohol and/or other drug issues. As well as local to Auckland services, their website profiles a range of very useful resources.

[www.easeup.org.nz](http://www.easeup.org.nz)

## New Research

[Challenging our misconceptions about youth mental health](#)

(2023). Informed Futures, University of Auckland. A podcast of Koi Tū research fellow Dr Jess Stubbing presenting at *Raising the Bar* with her talk 'Challenging our misconceptions about youth mental health.' Click the link in the title to access this podcast.