

## Credentialing News

January 2022



**Te Ao Māramatanga**  
New Zealand College of Mental Health Nurses Inc

Kia ora Koutou,

Kia hari te tau hou - Happy New Year! Welcome to this edition of Credentialing News. On behalf of the credentialing team, we wish you a happy and prosperous 2022! Please feel free to distribute the credentialing newsletter as there are many useful resources for the non-credentialed colleagues and it might encourage your colleagues to consider credentialing in the future too. Nga mihi Lois [credentialing@nzcmhn.org.nz](mailto:credentialing@nzcmhn.org.nz) Scarlett [assessment@nzcmhn.org.nz](mailto:assessment@nzcmhn.org.nz) and Tracey [credentialing.admin@nzcmhn.org.nz](mailto:credentialing.admin@nzcmhn.org.nz)

### Important dates

The next Auckland group will start on 17 February. There are still spaces, if you know any nurses that are interested in credentialing.

### Health promotion opportunities and resources

If you are interested in making a difference to find solutions to support people who experience mental health and addiction issues, 'the equally well champions lunchtime meet up' is a good place to start. You will meet likeminded people, to share and exchange ideas. The next meeting is on 27 January, please use link below to register.

<https://www.tepou.co.nz/events/equally-well-champions-lunchtime-meet-up-27jan>

Supporting Taiohi (youth) with substance use, you can refer the taiohi and their whanau to the following brief education videos to gain a better understanding about the impact of substances:

<https://wharaurau.org.nz/resources/youth-resources>

Want to know more about how to supporting whaiora with eating disorder, here is a good recorded webinar <https://www.goodfellowunit.org/events/eating-disorders-children-and-adolescents>

### Professional Development

Manaaki Tangata is a free one-day waananga that presents a Māori model of practice and support clinicians to learn knowledge and skills form a Te Ao Māori framework to promote oranga (wellbeing).

If you are interested, please email [Regan.Balzer@terauora.com](mailto:Regan.Balzer@terauora.com) to register.

### Case study:

<https://www.goodfellowunit.org/medcases/depression-or-distress>

### Credentialing questions and information

For nurses currently credentialing – This newsletter is loaded onto your PIO login front page and we have also recently added an example of a reflection and the assessor marking rubric. The credentialing team is planning to run a couple of online drop-in sessions for both the current credentialing nurses and the nurses are needing to submit their re-credentialing portfolio soon. The detailed dates will be published soon.