

Te Ao Māramatanga
New Zealand College of Mental Health Nurses Inc.
Partnership, Voice, Excellence in Mental Health Nursing
PO Box 77-080, Mt Albert, Auckland, 1350, New Zealand

20 May 2021

PROJECT SCOPE

Taking Mental Health, Addiction and Disability Nursing Forward to 2030

Background:

Te Ao Māramatanga: NZ College of Mental Health Nurses (Te Ao Māramatanga), the NZNO-Mental Health Nurses Section, (NZNO), and the Directors of Mental Health Nurses national group (DoMHNs), are collaborating on a consensus document that will present a united voice to set the direction of the specialty areas of mental health, addiction, and disability nursing (MHAD) roles and contributions to health care (*Future 2030*). As MHAD nurses we celebrate both the wisdoms in Te Tiriti o Waitangi and the ongoing commitment to the Treaty through working within a partnership model to demonstrate clinical and cultural excellence in our profession. Likewise, the three partners, Te Ao Māramatanga, NZNO and DoMHNs (the Collaborative) intend to demonstrate their commitment by seeking *expressions of interest* from partnerships of Māori and tauiwi (the contractors) to complete this project for the Collaborative.

The strength of our collaboration will bring specialist knowledge and skills gained through working across the lifespan, offering a broader scope of practice to include the physical aspects of health care. Within the scope of MHAD nursing, we demonstrate specialist skills across the variety of settings from acute, inpatient, community, and primary care to highly specialist settings such as maternal mental health and working with people with complex, traumatic life experiences. Combined with our professions '24/7' approach to the nursing care of whaiora, we can lead in the specialist therapeutic skills that will be essential for the preparation of the future workforce and the challenges within the health environment.

Aims of the Project

The profession of nursing in Aotearoa New Zealand is preparing to meet the opportunities and challenges within the health and social sector landscape over the next ten years. The landmark report, the *National Framework for Mental Health Nursing* (Hamer et al., 2006), (the *Framework*), set the

Te Ao Māramatanga NZCMHN®
PO Box 77-080, Mt Albert, Auckland 1350, New Zealand
admin@nzcmhn.org.nz

priority areas and recommendations to take mental health nursing forward into the next decade. The intent of the *Framework* was to support both mental health nurses and their employers to develop the recommended structures and processes to recruit, retain and strengthen the contribution of the profession; in retrospect however, some recommendations have not been fully implemented. This project *Future 2030* provides another opportunity to build on the *Framework* and the strategic plan of NZNO, to prepare MHAD nurses to make significant contributions to service delivery, their profession and in the lives of the people we serve and their whānau.

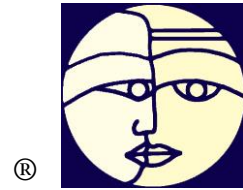
The proposed *Future 2030* document will take the following into consideration:

1.1 A review of the Collaborative’s seminal documents – the *Framework*, Te Ao Māramatanga strategic and annual plans, Te Ao Māramatanga Māori Caucus strategic plan, both the *NZNO Strategy for Nursing 2018-2023* and the *NZNO MHN section plan 2014-2019*, DoMHNs annual plans, and the series of articles published in the *Handover* nursing newsletter (*Te Pou*), to identify outstanding and new recommendations that require action to prepare the profession for the future

1.2 Inclusion of a forthcoming report - *New Zealand Aotearoa Nursing Strategy*, which will position MHAD nurses to proactively support the implementation and delivery of care to whaiora and whānau and progressing our commitment to an equity lens through leadership, guidance in recruitment and retention planning, a key focus on the Māori and Pacifica nursing workforce, and strategies to support the wellbeing of all MHAD nurses.

2.1 Overview of the project deliverables:

To meet and influence these changes, the contractors will revisit the Collaborative’s seminal documents to critique the current and future knowledge and practice required, and to signpost and support MHAD nurses to take a lead in the future service delivery in Aotearoa. On behalf of the Collaborative, Te Ao Māramatanga will lead on the funding and drafting of the document and the contractors will be supported and guided by the Te Ao Māramatanga College Manager, as subject matter expert and to provide a link to relevant sector partners. Te Ao Māramatanga will enable the contractors to connect with person(s) with lived experience and whānau.



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2.2 Project aim

To produce a succinct publication that provides the following information:

- A brief outline of the landscape of MHAD nursing in New Zealand (noting when these professional groups emerged and where they currently practice in New Zealand).
- A summary of the contemporary issues that relate specifically to MHAD nursing and implications for the future based on current reports, inquiries, and policies (see list in appendix 1)
- A brief sector scan to determine evidence of the implementation and progress on the *Framework* recommendations

3.1 Project activities

The Collaborative's documents, and national and international policy will guide the following activities associated with the development of the *Future 2030* document:

- Engage with a nominated member of Māori caucus for oversight and stewardship of the project.
- Review the Collaborative's previous consultation with MHAD nurses, and College and NZNO newsletters, and other relevant consensus documents e.g., National Nurse Leaders group (NNLg).
- Consult with people with lived experience and whānau, followed by a presentation of draft recommendations
- Consult with MHAD nurses, followed by a presentation of draft recommendations
- A gap analysis summary of the current sector landscape
- Review and collate a first draft to present to the Collaborative and key stakeholders
- Collate all feedback and develop a final document for the Collaborative
- The values and principles within the Collaborative will be evident in the final report.

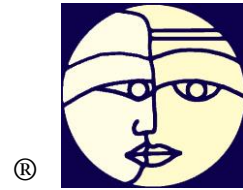
3.3 Presentation: the final *Future 2030* document will be designed by an external supplier, therefore contractor drafts will be presented as

- A 'living' document with sections, each being written in the style of a position paper, including a final summary and recommendations (guided by the College Manager).
- In Word format, in both Te Reo and English
- Indication of placement of in-text hyperlinks to relevant reports and policies etc.
- Condensed version of key points be developed into an A3 'poster' style document.
- Preparation of a submission of *Future 2030* to identified stakeholders.

4 Payment:

- The partnership of Māori and tauwi (the contractors), will share up to 160 hours for this project, at a set hourly rate of **\$80.00 per hour (GST exclusive) for each contractor.**
- Funding for consensus workshop, hui, consultation with people with lived experience and whānau, and design of final publication is provided by the Collaborative

See next page for projected timeline:



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31 May	Collaborative Steering group first meeting completed
8 June	Contractor(s) appointed and orientated to project. Next stages underway by contractors
By end of June	Completion of section 1.1 - Literature scan of key documents, relevant policies and sector initiatives with draft of key recommendations
By end of July	MH, A, D leaders' consensus workshops completed by contractors. Finalise draft recommendations.
By end of August	Circulate to sector for feedback and endorsement <i>[This and future drafts will be in Te Reo and English]</i>
September – October	Final drafting of complete document and design completed and approved by the Collaborative steering group. Finalise for hard copy and e-copy
November	Drafting of Comms plan completed and preparation of the Collaborative steering group presentation to the Minister of Health
By end of November	Full release and distribution of document

Appendix 1

Reports:

- *New Zealand Health and Disability System Review: Hauora Manaaki ki Aotearoa Whānui - Interim Report: Pūrongo mō Tēnei Wā*, (2019).
- *Health and Disability System Review: Final Report - Arotake Pūnaha Hauora, Whaikaha Hoki - Pūrongo Whakamutunga*, (2020).
- *He Ara Oranga: The Report of Inquiry into Mental Health and Addiction* (2018)
- *Reform of Vocational Education* (2019)
- *Mā Te Rongo Ake: Through Listening and Hearing - the Initial Mental Health and Wellbeing Commission's Report* (2021)
- *Kia Kaha, Kia Māia, Kia Ora Aotearoa: COVID-19 Psychosocial and Mental Wellbeing Plan*, (2020)
- *Whakamaua: Māori Health Action Plan 2020–2025*
- Hamer, H. P.; Finlayson, M; Thom, K; Hughes, F. & Tomkins, S. (2006). *Mental health nursing and its future: A discussion framework*.
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