

Te Ao Maramatanga-New Zealand College of Mental Health Nurses Maori Caucus



Report for the Fifth bi-annual Wananga 12th -14th October 2016

This report provides an overview of the planning activities and key outcomes (including financial report) of the Wananga held at Whakatu Marae, Nelson on the 12th-14th October 2016.

In mid 2015 the Nelson branch of the College of Mental Health Nurses agreed to hold the 5th Biennial caucus wananga at Whakatu Marae.



Photo credit: May Hart

Planning activities and outcomes

Our committee decided to formulate and plan after we were informed that Murihiku withdrew from hosting the event. We quickly looked at current members and those within our rohe and DHB that could offer assistance. We wanted to include student input and consumer input and were fortunate to have two third year Maori students and a Maori Tane consumer who was beginning his journey to work nationally under Te Rau Matatini consumer umbrella.

We had our first hui Sept 2014 and met monthly looking at themes, content speakers etc. We decided quite early on that we would try to showcase and use local expertise as much as possible within the programme.

A major contributing factor in the Hui and we believe in the success was early on in planning choosing and going with a catering group. Although the hui wasn't based around kai we felt the ringawera chosen enhanced our hui.

The committee wanted to make attending affordable. The total cost of attending the conference was set at \$325 full registration and \$200 for consumer/students the same as two years ago. We were also successful in securing sponsorship via Kia Ora Hauora specifically to assist students in attending.

The theme for the conference: He Waipounamu, He Maunga Pakohe

Excellence in Mental health nursing, bringing our gems of the past into the Future

Is an acknowledgement to the South island as it was the first time the Maori caucus had been to the South island, it was also to acknowledge the precious Pakohe indigenous to the top of the south and to lwi in the region.

The play with the theme is comparing our nursing Gems with the stone Pakohe and pounamu. Staying with the theme the giving of taonga Pakohe was made to our key note speakers.

Organising Committee

The organising committee was comprised of national committee Maori caucus and local Mental Health Nurses from the Nelson area who were allocated portfolios to manage and strategically plan the event.

National Caucus Committee Support		
Tio Sewell	Secretary / Treasurer	
Tish Siaosi	Kaiwhakahaere	
May Hart	Committee Member	
Maria Baker	Maori Caucus	
Ron Baker	Maori Caucus	

Local Organising Committee		
Lewis Boyles	Convenor	
Pamela Shadlock	Secretary / Administration	
Dave Emerson	Treasurer/Budget IT and AudioVisual	
Lois Boyd	Programme Co-ordination Registrations	
Amanda Inwood Pamela Shadlock Lewis Boyles Alaine Huata Nicola McKay Mamae Elkington	Fundraising	
Delft Klootwyk	Service User Advisor	
Huria McLeod-Benett Maryanne Riwaka	Student Committee members	

Venue

The 2016 wananga was held at Whakatu Marae in Nelson. Out of a number of marae in the region Whakatu was chosen because of its proximity to the airport and close vicinity to the city. Our local committee were supported by our hospital Kaumatua, Te Piki Oranga and local Maori Kuia and Kaumatua to welcome manuhiri from across Aotearoa on what was a rainy start to the wananga and commencement of our powhiri.

Attendance

There were a total of 86 attendees to the Wananga, including invited speakers. Of these 30 were accommodated at the marae overnight with the rest staying locally. A feature of this wananga were a larger than usual number of nursing students in attendance and it was agreed that this was to be encouraged and added greatly to the event.

The following table outlines the organisations represented

Auckland DHB	Pharmac
ARA (formerly CPIT)	Supporting Families Nelson
Capital and Coast DHB	Te Ao Maramatanga Maori Caucus
Congress of Aboriginal and Torres Strait	Supporting Families Nelson
Islander Nurses and Midwives	
(CATSINaM)	
Counties Manukau	Te Ao Maramatanga Maori Caucus
Eli Lilly	Te Awhi Whanau Charitable Trust
Hauora Waikato	Te Pou
James Cook University, Brisbane	Te Rau Matatini
Janssen-Cilag	Te runanga o Kirikirinoa
Mahitahi Trust	Te Piki Oranga
Massey Univeristy	Te Runanga O Toa Rangatira
Marlborough Childrens Team	Waikato DHB
Nelson Marlborough Institute of	Te Huarahi o te Kete Pounamu
Technology (NMIT)	
Nelson Marlborough DHB	TeKaunihera o Nga Neehi Māori
Northland DHB	Whitireia Community Polytechnic
	UCol

All those who registered attended the Wananga with an additional 2 registrations received on opening day.

Programme

The content of the programme generally felt worked well. The committee felt the local speakers integrated into the theme. One factor that didn't get factored into the programme for future organisers was the korero and patai after speakers finished which eats into the timing. The committee from the start didn't want to detract and lose this important korero, however in doing so this did affect the original time keeping re he programme. Our Australian speakers were well chosen and htheir korero added value to all conference participants.

Invited Speakers

Whetu Kanapa Awards Roopu Wawao	 Mere Balzer Kathleen Mohi Huirahutu (Huia) Elkington Ray Watson 	
Guest Speaker	Moe Milne	
Keynote Speakers	Dr Peter Meihana Lorraine Eade Anne Hobby Prof. Gracelyn Smallwood	

Sponsorship

Major financial sponsors:.

•	Kia ora Hauora	4,000
•	Te Pou	2,000
•	Eli-Lily	3,000
•	Te Rau Matatini	3,000
•	Pharmac	1,500
•	Janssen	3,000
•	Werry centre	1,000

Minor sponsorship:

• Wakatu Corp 500

Prices Pharmacy
 250 in vouchers

• Dana 250

Total 18,250

Total received \$18,250

Other major, non- financial sponsors were:

- NMDHB
- NMIT (transport)
- Piks peanut butter
- Public health (water bottles)
- Professional Information on line limited (Kite resources)

Budget

ACTUAL COSTS	
Income	
Total Registration	
Seeding Grant	5,000.00
Sponsorship	
Total Income	
Total Expenditure	
Venue	
Marketing	
Hirage - Laptop / PA	
Grant repayment	5,000.00
Guest speaker costs	
Guest speaker taonga	
Programme Book	
Kapa haka/dinner enertainment	
Incidentals	
Conference Bags	
Catering	
Income	
Less Expenditure	
Profit	

Promotion

The organising committee and Maori caucus extensively promoted the wananga via existing networks including Te Ao Maramatanga networks, newsletter and website, National Directors of Mental Health Nursing, National Nurse Educators network, Te Pou, Te Rau Matatini and The Werry Centre websites and networks. With low south island registrations, the local committee also made extensive efforts with personal phone calls and followups in an attempt to boost south island participation.

Sponsors also promoted the wananga via their networks and contacts.

Evaluation

Formal evaluation forms were provided on the final day, with 22 written responses received. Feedback was very positive and some positive suggestions for the next wananga were made. (see appendix 4)

Recommendations from 2016 Committee

The recommendation from the 2014 Wananga, that information from the previous wananga was handed to the new committee as soon as practicable was very useful when we picked up the role.

Having a shorter timeframe in which to organise ourselves, having templated documents from both the previous hui and the guidance of caucus, was invaluable in providing a structure and continuity but still the freedom to put our own stamp on proceedings.

We would really strongly encourage that the tradition of a "good handover" between committee's continues into the future and intend on providing this to Whitireia/CCDHB committee as soon as possible to assist with their mahi going forward.

Appendices

- 1. Programme
- 2. Attendance List
- 3. Collated Evaluation Forms

Appendix 1: Wananga Programme

Wednesday 12th October

1200	Powhiri
1300	Kai
1400	Opening Addresses – Lewis Boyles (Convener), Tish
	Siaosi, (Kaiwhakahaere) & Anne Brebner (President)
1500	Keynote: Dr Peter Meihana- Māori 'privilege': it's more
	than talk back radio
1600	Settling in and KapuTii
1800	Kai
1900	Mark Davis: Whakapapa of KakatiWhareTipuna
	TeRoopuWawao: Reflections from the Whetu Kanapa
	Neehi

Thursday 13th October

Indibady	1341 344334
0730	Parakuihi
0845	Karakia and Housekeeping – Kaumatua & Convener
0900	Keynote :Anne Hobby – Te Piki Oranga
1000	Keynote: Dr Lorraine Eade – A journey of learning's in
	Māori Mental Health.
1045	KapuTii
1100	Delft Klootwyk and Tui Taurua - TeHuarahi o TeKete
	Pounamu – Māori National Voice Service User Group
1130	Reflections on the Mental Health New Graduate
	Experience – Carlie Tahu& Amanda Inwood
1200	Seclusion – A Narrative – Greg West
1230	Kai
1330	Huarahi Whakatu Update – Te Rau Matatini
	Tania Tito-Edge & Valerie Williams
1400	Tipu Ake kite Toi Ora- Dave Emerson
1430	Tuia Te O Marama – Māori Nurses Oral History
1500	KapuTii
1530	Hemaima Hughes – Te Kaunihera o Nga Neehi Māori
1600	Break

1800 Whetu Kanapa Awards – Moe Milne Guest Speaker Friday 14th October 0730 Parakuihi Karakia and Housekeeping – Kaumatua and Convener 0845 Keynote Professor Gracelyn Smallwood & Associate 0900 Professor Rhonda Wilson - Indigenous mental health of young rural people. A synthesis of qualitative research studies revealing expereinces of mental health and detention. 1000 Open slot for short presentation/communications KapuTii 1045 1100 TAM Māori Caucus Hui, Wananga Evaluation and 2018 Tonu – Kaiwhakahaere and Wananga Conveners 1200 Kai

Karakia Whakamutunga-Kaumatua

1230

Evals	Venue - Whakatu Marae, Nelson	
22	Very nice, enjoyed the marae facilities were well provided for i.e mattress, soap, toilet paper etc I did find myself getting dehydrated as you were unable to drink water while sitting listening to korero and I felt rude getting up and walking out whilst someone was talking	
	Very warm and inviting The venue was excellent and well presented	
	Beautiful marae - enjoyed the korero re the carvings especially. Felt very welcome.	
	Loved it - found it intimidating and was anxious but that soon resolved.	
	Beautiful marae. Awesome korero and whakapapa	
	Venue was great. Loved the history given by the carver. Gave me insight into various iwi. Felt warm, good feeling in the marae. Appropriate venue for the wananga	
	Wonderful - I haven't been on the marae for a few years and I have missed it	
	Aroha To Marae, tino mahana, te whare nui	
	Beautiful complex. Plenty of room. Great venue. Lovely marae - really enjoyed staying here. Ataahma rama atu	
	Great venue appropriate for a hui on Maori Mental Health Nursing Excellent venue - Kia ora to the Ringawera	
	Warm and welcoming environment/marae. Excellent learning environment. Very comfortable.	
	Absolutely beautiful! Very warm, inviting and welcoming. Amazing korero, surrounding the whare its tipuna!	
	He whare ataahua, he whare manaaki. Beautiful venue.	
	Great venue. Did not stay though as I live in Nelson. Home away from home Awesome venue. Was a very well run hui. Great venue. Hygenic and safe environment (5 stars) Always awesome to be back to this marae, back as a student and now as an	

expert nurse.

Te Ao Maramatanga - 5th NATIONAL MAORI MENTAL HEALTH NURSING WANANGA Evaluation October 12, 13, & 14 2016.

Evals	Organisation of the wananga	
	Very good excellent Brilliant thank you. Well run	
22	They are very organised and got really great speakers in.	
	Thanks to the organising committee for a lovely well organised wananga with a great range of speakers. Only improvement would be to have a timekeeper next time.	
	Well organised efficient and delivered in a well sequenced order of placement	
	Organisation and that was just awesome will be coming back again. Time keeping could have been better.	
	Caucus NZ College - great source of experience and knowledge and food for thought. Organising committee - well done to Nelson Branch and committee for all the time and effort - excellent conveners/facilitators	
	Ka pai nga korero ia ratou mahia hi te mahia. I'd like to thank all the speakers and Te Ao Maramatanga	
	Tino pai - culturally great. Excellent resources. Wonderful dedicated conveners.	
	Awesome organisation. Everything done in an efficient yet relaxed manner. Very well run! Passionate about maori mental health , it is insightful and refreshing for our roopu of students.	
	Well done - felt well looked after. Great work - really well organised.	
	My 1 st time attending one of these hui. Would like to continue with the connection. Will be telling everyone about this organisation	
	Wonderful organisation, lovely people, awesome time	
	Fantastic very informative Very well organised	
	CCDHB - great support from our group with lots of experience for the younger	

ones. A huge thankyou to Jayne for organising this and to our organisations Rangatira

People are all amazing. Everything was very well organised.

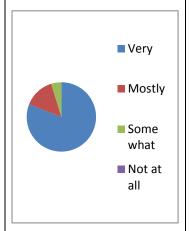
<u>Te Ao Maramatanga - 5th NATIONAL MAORI MENTAL HEALTH NURSING</u> <u>WANANGA Evaluation October 12, 13, & 14 2016.</u>

Evals	Kai
22	Loved the kai very much was very good. Loved the hakari kai moana. Was lovely I felt ill because I had eaten so much
	Absolutely yum, loved every meal Wonderful thank you ringawea
	Fantastic and plentiful. Thankyou to all the kitchen staff. Reka, Tu Meke nga kai
	Tino pai Delicious kai moana yum!! Tino heka me tino nui tama
	Kai was amazing - Big thanks to Lewis and his whanau plenty of kai - good quality
	Reka - Enough and sweet, Appreciated Kai moana. Great feeds.
	Excellent - soul food - the best I've had. Wow!!
	Oh my lord we have gained so much wait Lol Kai has been AMAZING!!! Very kind catering for our vegan tauira.
	Thank you so much for taking the time to cater for my dietary preference and for being so warm and accepting of it. I appreciate it so much, more than you can probably imagine.
	Ka rawe, aue te poo Hakari Ka reka AMAZING Everything is awesome
	Yummy Beautiful kai. A very nice selection. Enjoyed the seafood!!!
	First time mutton bird Tumeke!! A huge thankyou to ringa wera for keeping us fed
	Was delicious, especially because my sense of taste and smell returned for the first time in 7 years on the day of the powhiri.

Keynote speakers:

22 evaluations

Relevance



Really enjoyed the speakers I have learnt a lot from each Anne Hobby - wonderful korero re her journey inspiring and heartwarming. Enjoyed her korero about her whanau and will be taking some ideas back to Tamaki

Inspiring and humbling, Australian Aboriginal history ++ Peter and Australian korero - Pai. Professor Gracelyn Smallwood - outstanding

Peter Meihana - outstanding - definitely left me with thirst for more knowledge and some more reading to do. Outstanding speakers and treasures for NZ and Australian Aboriginal history.

Professor Gracelyn Smallwood, Dr Peter Meihana, Anne Hobby - I'm in awe

Relevant to inspire the best for our people helping to shape our minds

Informative, enlightening, much truth, educational. Ka nui te mohinotanga. Varied and appropriate, great learning and enlightening. Personal journeys. Arohamai.

All were fascinating and interesting. Very relevant to mental health.

I feel I have experienced a very privileged presentation from the keynote speakers, the learning of which I will take with me into my practice.

The keynotes have given our roopu of students the knowledge, kaha and tipuna to carry on with the studies! Very beneficial and

insightful.

Very good selection of speakers. I enjoyed every speaker. Fantastic - really enjoyed listening to Anne Hobby, Delft and Tui and Gracelyn.

Really enjoyed the keynote speakers and their wonderful korero Very informative which will help my growth and learning as a new graduate RN.

Meeting Dr Meihana was great. Great keynote speakers

Very inspiring and rewarding to see our colleagues challenging the system for Maori. Loved all speakers, but especially Professor Gracelyn Smallwood. Her korero was extremely inspiring.

Professor Gracelyn Smallwood - What an amazing wahine, humor and presentation skills are "deadly" We need to keep in contact with this wahine toa and I'm buying the book.

Te Ao Maramatanga - 5th NATIONAL MAORI MENTAL HEALTH NURSING WANANGA Evaluation October 12, 13, & 14 2016.

Programme presenters: Evaluations 22 Awesome job. Very useful in all aspects. Beautifully presented - humor, stories, waiata and Relevance karakia Lou and Dave - great and all that tautoko the hui Very All relevant to wananga and looking into future of mental health nursing for Maori and tangata whaiora Mostly Delft and Tui - thank you for your courage, it was a Somewh privilege to hear you both. at ■ Not at all I enjoyed all the korero! Despite not being on time Relaxed and awesome in how they related to everyone Again - wonderful learning and sharing of knowledge

- experiences that will help guide my practice.

AMAZING JOB! Just better timekeeping ©

Awesome, very helpful, organised and knowledgeable

Awesome leadership Awesome very helpful

Informative and enlightening

Delft and Tui's presentation was very powerful. Its nice to hear from the people who have experienced and been through tough times. Created awareness

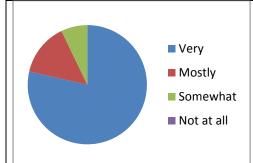
Super smoothe!

The audience was made clear about the unfolding of events by all programme presenters, especially Dave and Lewis, Kia ora.

Greg Wests talk about seclusion was very interesting

Te Ao Maramatanga - 5th NATIONAL MAORI MENTAL HEALTH NURSING WANANGA Evaluation October 12, 13, & 14 2016.

Reflections from Whetu Kanapa Neehi:	
Evals = 22	Thanks for sharing your knowledge and feedback about what has been happening
Relevance	around NZ
	Always good to honour our elders, should have let them all have a korero
	Programme presenters very useful in all areas the speakers they gave made sense
	To know where you are going you have to



know where you have been

I really enjoyed history of nursing experiencial narratives true treasures and I have also heard so much more through others experiences that deserve to be up there with those wonderful people in our NZ history of nursing.

Thank you Moe

I feel blessed being a part of a special acknowledgement of our putiputi. This is the goal that is set for us.

Great to hear of what is possible for the future from a historical past.

Arohamai, Awesome, Respectful, Personal and inspiring

A very special experience to share such incredible reflections and knowledge

Learning from our beautiful Whetu Kanapa will lead us into an amazing and fruitful future. ©

So also to see acknowledgements to our people who have done so much for the people and kaupapa.

Gave me an understanding of the origins of how things started and where we are today

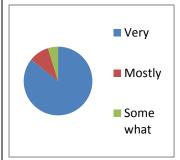
Wow so talented, leading the way for us... surprising the amount of mahi and support given to Neehi Māori

Every korero was applicable to Mental Health Nursing, with many ideas shared about how to improve our practice from an indigenous perspective.

How do you rate the Wananga overall?

Evals = 22

Relevance



Connections to each other are important. Very good range and calibre of speakers and great whanaungatanga

Personal development implication challenge

Very useful

Tumeke - all the presenters, for myself I can go away and take what I've heard and learn and I've got the advice.

Not enough attendees

Kaupapa wasn't that clear - where were the other Maori Nursing leaders - i.e. Nga Manakura o Apopo

Great experience to be part of. I felt privileged to be a part of this and would love to be fortunate to attend future wananaga

Wairua a plenty - Amazing and feel filled up.

Loved it! Mauriora Fantastic hui Awesome 10/10

My identity as a Maori person was strengthened and a peacefulness regathered.

Maybe just better timekeeping © Very relevant. Awesome.

Extremely relevant to me as a year one nursing student. A lot of passion - determination has been enlightened within - Kia Ora

These need to continue for the betterment of our people

Great networking opportunities

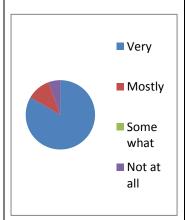
Great to be amongst talented and passionate neehi who have taken up the challenge, shared their experience - new and upcoming support and mahi for us to carry on.

One of my favourite experiences from all 45 years of my life and the best professional development I have received as a nurse.

How has attending the Wananga impacted upon your future practice?

Eval = 22

Relevance



The impact will be huge - as a student wanting to go on community mental health placement

I have picked up quite a few learnings that will help the development of our service.

Commitment and finding a way forward/support. Strong for our people and of all cultures we can work as one.

Already practice in the way that speakers identified as "lacking"

I feel we are very under resourced in Maori mental health. I am still digesting narratives and I'm sure it will generate future discussions with my peers. Certainly makes me question current practice and how we can improve health for Maori - one mouth two ears I will remember this.

Has given me the strength to challenge those in power re culture.

Continue to nurse culturally it has impressed upon me to study to the highest level and follow my dreams

Increased awareness of issues, challenges and the focus needed for the future of mental health nursing

My soul has been flagging for a long time. I need my wairua to be lifted and it was greatly.

The wananga experience will help guide my practice with tangata whaiora and whanau and will improve their experience with mental health services

Look forward to the next one.

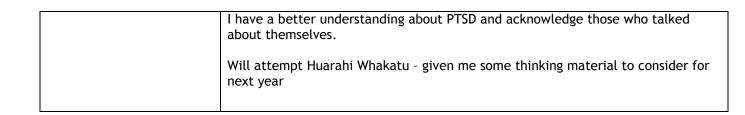
Strongly considering mental health (Maori) as a career.

Was a real eye opener. Has given me kaha to continue in the work I do within the Mental Health and disability sector

I really enjoyed my time at the wananga

Enabled me to incorporate tikanga into my cultural practice as a developing professional nurse

It has created awareness and given me a chance to hear stories from real people.



How did you hear about the wananga?

UCol

NMIT

Tutor, (3)

Whanau - Koromiko and Ron Baker

The college

A friend (5)

DHB/work (2)

Lewis © (2)

A couple of comments in space at end of page

1 point: I'm not sure why the Kaunihera were here presenting their kaupapa at a TAM wananga, perhaps we should do the same at theirs? Not cool!

There are some other leadership groups that could be approached. Nga Manakura o Apopo - Grant and Tania can come and present their leadership programme

Appendix 3: Registrations for Wananga 2016

Name	Organisation
Violet Hennessey	NMDHB
Tio Sewell	TOM Caucus/TRM
Tish Siaosi	TOM Kaiwhakahaere
Chrissy Kake	TOM Board
Hineroa Hakiaha	TOM Caucus/CMDHB
Valerie Williams	TRM
Tania Tito-Edge	TRM
Matere Toia	CMDHB
Professor Gracelyn Smallwood	James Cook University
Adrian Hepi	
Mere Blazer	
Moe Milne	
Kathleen Mohi	
Henare Mohi	
Huia Elkington	
Jamesina Kett	
Kelly Brown	CCDHB
Jayne Isaacs	
Anarau Moeau	
Ani Kaa	
Maire Ransfield	
Desiree Hawkins	
Anaru Rima	
Rongo Larkin	
Louise Tangitutu	
Karen Jacobs-Grant	Pharmac
Jodi Roberts	NMDHB
Lois Boyd	TOM
May Hart	TOM
Cynnie Hiroti	Te Awhi Whanau Charitable Trust
Rhonda Wilson	Invited Australian speaker
Anne Brebner	College President
Alice Adair	Te Piki Oranga
Shelly Reet	Janssen
Katrina Wahanui	CMDHB

Miriama Harper	Ora Toa Disability Services
	Te Runanga O Toa Rangatira
Hareti Lysha Solomon	Ora Toa Disability Services
a. oyona colomon	Te Runanga O Toa Rangatira
Ron Baker	ADHB and Caucus
Whaea Koromiko?	ADID and Cadeus
Billie Morgan	Mahitahi Trust
Gene Lewis-Clarke	UCol
Alaine Huata	NMDHB
Chris King	NMDHB
Karen Brown	Mahitahi Trust
Roberta Clunie	Waikato DHB
Vicky Pomeroy	Supporting Families Nelson
Ruelle Khan	Northland DHB
Lindsey Veenendaal	Hau ora Waikato
James Middleton	UCol
Leilani Fonotoe	
Sharnia Pratley Brooke Taurua-Halberg	
Darinee Ratana	
Lorraine Tyson	
Jessica Hamilton	3 to 5 to 5
Katrina Taylor Maryanne Riwaka	NMIT
Huria McLeod-Bennet	
Amber ford	
Savinesh Chand	
Yolande Nortier	Lilly
Mel Smith	Lilly
Megan Davidson	Student ARA
Awhina Tapiata Renee Eaves	Student ARA
Candy Cassidy	Northland DHB
Delft Klootwyk	Committee member
,	Consumer Advisor
Amanda Inwood	NMDHB
Pamela Shadlock	NMDHB
Nicola McKay	NMDHB
Dave Emerson	NMDHB
Lewis Boyles	NMDHB
Uncle Tahi	Kaumatua
Kereopa	Kaumatua
Tui Taurua-Peihopa	Mental Health Consumer Advisor
ται ταυιμα-ε επιυμα	Consultant
Leoncine Renata Elkington	Hauora Waikato
Hilma Schieving	NMDHB
John Price	NMDHB
Greg West	
Mamae Elkington	NMDHB NMDHB
Pam Kiesanowski	NMDHB invited
	NMDHB invited
Maryann Wilson	ARA
Dina Hippolite	Te Rununga O Kirikirioa