

# Voices

## Newsletter

**Te Ao Maramatanga**  
New Zealand College of Mental Health Nurses (Inc.)  
Partnership, Voice, Excellence in Mental Health Nursing



PO Box 83–111, Edmonton Road, Auckland, Aotearoa New Zealand.  
Webpage: <http://www.nzcmhn.org.nz>  
Email: [enquiries@nzcmhn.org.nz](mailto:enquiries@nzcmhn.org.nz)

Issue No. 2, Volume No. 8  
April 2012

Editorial By Chris Taua

### Inside this issue:

Presidents comment	1
College administrator	2
Notice of AGM	3
College Board reports	4
Maori caucus	5
Regional contacts	10
Upcoming events	11

This month we received further notification of the disestablishment of the Mental Health Commission (MHC) which takes place June 30, 2012. A new position of Mental Health Commissioner has been established within the Health and Disability Commissioners office. In this role the Commissioner Dr Lynne Iane (current chair) will take over the monitoring and advocacy functions for mental health and addiction services. The MHC plans to complete the Final Blueprint II document by the end of June. This document will be critical to ensure the work of the MHC up until now continues in championing consumer rights within the health and disability environment. Like many other institutions within NZ this change is part of the Government's Health Crown Entity Change Project, tasked with reviewing the number of Crown entities, as part of the Government's wider programme of state sector reform. While I try to remain positive and await the long term effects of this change with hope for on-going growth and positive change I also hold some trepidation that yet again mental health gets lost in the wider scheme of health funding and policy. Oh how the pendulum swings.

Notice of AGM Page 3

## PRESIDENTS COMMENT

By Daryle Deering

Tena koutou katoa

To date this year we have provided mental health nursing comment on a number of key documents including the Government's 'Green Paper on Vulnerable Children', the Medicines Amendment Bill, DAO Guidelines and the Mental Health Commission's draft Blueprint II. Key comments on the draft Blueprint II which will help define the shape of mental health and addiction (MH&A) services into the future included: the need to address poverty if the burden of MH&A within communities is to be reduced; ensuring high quality services for people with complex needs and their families and whānau (ring fenced resources) while also shifting resources to prevention and early intervention responses; utilising environmental strategies demonstrated to prevent continuation of NZ's heavy drinking culture; investment in the mental health workforce; addressing stigma and discrimination; an increased focus on recovery and wellbeing; an emphasis on high-quality psychosocial interventions as well as pharmacotherapy; and increasing the attractiveness of services to people with MH&A concerns and their families and whānau.

*Looking to the future, it is clear that an ever-increasing majority of mental health nurses will be mobile and work in a range of roles within communities and with a high level of autonomy*

We are currently collating comments on the NZNO draft Education Policy. The College will be reinforcing the

World Health definition of a mental health nurse (see College website) and continuation of the postgraduate Entry to Specialty Programme – MH&A. This programme was established to specifically prepare graduate nurses of comprehensive programmes with variable and limited MH&A content to enter the specialty of mental

health nursing. Looking to the future, it is clear that an ever-increasing majority of mental health nurses will be mobile and work in a range of roles within communities and with a high level of autonomy (examples of these roles have been evident for some time). Government MH&A sector policy trends (in accord with international trends) and associated workforce requirements will require mental health nurses to increasingly provide assessment and interventions for people with the most complex and/or acute MH&A needs as well as to have an expanded role in providing consultation to generalist nursing and other practitioners across a range of health and other sectors. Postgraduate skills based education in combination with experience is required to meet this expectation and for NZ mental health nurses to have education preparation that is comparable with their interdisciplinary colleagues as well as overseas mental health nurses.

I acknowledge Louise Leonard, who is a College member and international vice President for the Drug and Alcohol Nurses of Australasia who has been endorsed as the first NZ prescribing Nurse Practitioner (Alcohol and Drug Scope). Louise is a clinical nurse specialist in the Waikato DHB. Finally, a recent highlight was attending the first Māori Caucus Whetū Kanapa awards ceremony for the awarding of medals (tonu araha) to honour the special contribution of Māori nurses in the fields of Māori mental health nursing and Māori mental health..

- Ronald Baker- Tai Rawhiti
- Robert Elliott- Tainui
- Jamesina Kett- Ngati Koata
- Mere Hammond- Ngati Kahungunu
- Timoti George- Te Arawa

It was a privilege to share in this celebration and hear of the amazing contributions of each one of the recipients.

Daryle

*Update from the college  
administrator*  
**Jo Harry**

Hello,

I thought I would focus on one key area this issue and seek your feedback and comments on our new Strategic Plan. The National Committee have completed their review of this document and is now interested to hear what priority areas you think are important for the College and our future direction. A copy of this draft strategic plan can be found on the website [www.nzcmhn.org.nz](http://www.nzcmhn.org.nz) under resources>College Publications, or alternatively <http://www.nzcmhn.org.nz/118085/info/links.html>

This will be the 3<sup>rd</sup> strategic plan for the College and the five key strategic areas are unchanged. The focus in each of these areas has been amended to better reflect the work of the College and its future direction. The five key areas and their purpose statements are as follows:

1. **ADVOCACY** - To provide professional direction for members, and public advocacy on mental health issues
2. **COMMUNICATION** - To communicate effectively and efficiently to College members, mental health stakeholders and the public
3. **MEMBERSHIP** - Retain, Regain, Sustain & Grow - To Retain current members, Regain previous members, Sustain membership, and Grow our membership whilst developing a representative membership base
4. **STRATEGIC RELATIONSHIPS** - To develop and maintain relationships with key stakeholders nationally and internationally
- PROFESSIONAL DEVELOPMENT** - To advance the educational, clinical and political expertise of members

If you feel passionate about the College and its direction then we would love to hear from you. What we want to know is

- a) Do you agree with the five strategic areas?
- b) Can you suggest another key priority area for the College?
- c) Do you agree with the goals in each of the five strategic areas?
- d) Can you suggest any other goals in any of the strategic areas?
- e) How do you think the strategic plan is best communicated to members?

Remember you can contact me on [admin@nzcmhn.org.nz](mailto:admin@nzcmhn.org.nz).

WHAT'S NEW ON THE WEBSITE? <a href="http://www.nzcmhn.org.nz">www.nzcmhn.org.nz</a>	Website links/headings
UMR Research – Occupational Respect for nurses rating out of 10	News & Events
Achieving restraint free on an inpatient behavioral health unit	Resources>Website links
Guideline for Mental Health Nursing Assessment and reports	Resources>College publications
Judicial Reviews education package	Resources>College publications
Nursing Review now available on line at	<a href="http://www.nursingreview.co.nz/">http://www.nursingreview.co.nz/</a>
Like Minds now available on line at <a href="http://www.likeminds.org.nz/file/Newsletter-Archive/PDFs/lmlm-newsletter-42.pdf">http://www.likeminds.org.nz/file/Newsletter-Archive/PDFs/lmlm-newsletter-42.pdf</a>	Resources>Links

Ok, that's about all from me. [admin@nzcmhn.org.nz](mailto:admin@nzcmhn.org.nz).  
Kind regards, JO

## Watch this space

Conference 2013: Mental Health and Addiction Nurses Join Forces



For the first time in New Zealand or Australia, mental health and addiction nurses are joining forces to host a conference. This venture between **Te Ao Maramatanga NZCMHN** and **Drug & Alcohol Nurses of Australasia Inc. (DANA)** will be an exciting opportunity to explore our common clinical, educational and research issues.

Behind the scenes, the two Executive Committees have done the groundwork to establish a MOU and a firm partnership for the event. Joint convenors, **Kate Prebble (TAM)** and **Louise Leonard (DANA)** are already working with an energetic Conference Organising Committee with representation from both organisations. Dates are set, venue booked and ideas are flowing for speakers, workshops, entertainment and hosting.

What? "Close to Home" – 1st Australasian Mental Health and Addiction Nursing Conference  
When? 19-21st June 2013  
Where? Rendezvous Hotel, Central Auckland

Our website will go live in the next few weeks. Please watch for an announcement and then log-on to register your contact details so we can keep you up-to-date with plans as they emerge.

### Notice of AGM



Te Ao Māramatanga  
New Zealand College of Mental Health Nurses (Inc.)  
Partnership, Voice, Excellence in Mental Health Nursing

## NOTIFICATION

### TE AO MĀRAMATANGA NZCMHN ANNUAL GENERAL MEETING

VENUE: Via teleconference

DATE: 3 July 2012, 4.30pm

This AGM is open to all financial members of Te Ao Māramatanga NZCMHN. Please advise of your attendance on this teleconference, or any agenda items before 1 July 2012 to [admin@nzcmhn.org.nz](mailto:admin@nzcmhn.org.nz).

## ***Education Board update by Carmel Haggerty (Chair)***

*The following is a quick update for the newsletter from the Education Committee.*

*The Education Committee has been going through some changes, namely with Dr Marie Crowe stepping down as Chair (but remaining on the committee). The replacement chair is Carmel Haggerty. Membership has changed with Kate Prebble stepping down due to other commitments. Committee members are now as follows:*

- Carmel Haggerty, Wellington (Chair)
- Dr Marie Crowe, Christchurch
- Richard Renwick, Far North
- Moira O'Shea, Waikato
- Collette Ryan, Otago
- Barbara Lowen, Otago

*The Committee has set up a Wiki to communicate more easily in cyberspace (hopefully), particularly as we are so geographically spread and it is difficult to get everyone together at one time. We will evaluate its effectiveness later this year and report back to the wider College on how it went.*

*Key things for the committee to work on currently are finalising a position statement on education for the College, working with NCNZ re undergraduate competencies (Marie Crowe) and exploring a website of educational opportunities for Mental Health Nurses. These are on-going and we will report more as they are progressed. Some members of the Committee will be attending the Mental Health Nurse Educators Forum in Christchurch in September. This is an excellent forum for unpacking issues relating to both education and clinical and it is important that the committee has a presence.*

*Well done to our colleagues in Christchurch for planning what looks like an excellent forum. (see more information re this on Page 3 of this newsletter)*

## ***Research Board update by Brian McKenna (Chair)***

Successful applicant for the College Research Fund 2011.

The Research Board of Te Ao Maramatanga recently completed the selection process for the College's Annual Research Fund of \$3,000.

This year the successful applicant was Chris Taua.

Chris is a Principal Lecturer at Christchurch Polytechnic Institute of Technology where she teaches mental health, disability and human development subjects.

She is undertaking a PhD through the School of Nursing and Midwifery at The University of Queensland. Her research is a qualitative study focussing on people with a dual disability of intellectual disability and mental illness who have had an admission to a mental health inpatient service. Chris will be gathering data from the experiences of 3 groups of participants - people with dual disability, carers (paid or unpaid) who have supported people with DD around the time they were admitted, and nurses working within the units.

The working title of her study is *Nursing care in dual disability: A comparative study of the experiences of people with dual disability, carers, and nurses.*

For a sneak preview of the literature review on this study have a look for Chris' article in the International Journal of Mental Health Nursing Volume 21, number 2, Pages 163-174.



Kaye

## **Time to farewell a respected colleague who is departing NZ.**

Kaye Carncross, has resigned from her position on the Practice Board to take up new mental health nursing leadership position as Director of Nursing – Mental Health in Toowoomba. The College would like to acknowledge the work of Kaye in her long term commitment to the College and more latterly as Practice Board chair. Kaye played a key role in steering the review of the Standards of Practice for Mental Health Nurses and input to the establishment of the Framework for Accreditation, Credentialing and Certification.

We wish her well in her new role and look forward to on-going contact. We are sure she will be a very positive influence indeed to mental health nursing in Australia.



# TE AO MARAMATANGA-NEW ZEALAND COLLEGE OF MENTAL HEALTH NURSES MĀORI CAUCUS

THIRD BIENNIAL WANANGA 28TH – 30TH MARCH 2012

At the second biennial hui held in Whangarei in 2010 a tono was made by Lakes DHB Māori Mental Health Nurses to host the 2012 Hui in Lakes District - Te Arawa. The third biennial wananga was held at Tangatarua Marae, Waiariki Institute of Technology, Rotorua

## **Theme**

He Tataikura Haumanu; He Tataikura Nanā

‘She the mantle of mother earth, and esoteric umbilical bound to her new born. She who speculates the cosmos and the significance of the universe, her sacred imprints fully enshrine in time immemorial, she who suckles, she who nurtures’

## **Gems within a Māori nurses reflections on Cultural and Clinical excellence**

Reflections of the past, present and future are important to Māori and the theme focussed on Māori Mental Health Nursing practice over the past 50 years.



(The Organising Committee acknowledges Te Arawa Kaumatua Arama Pirika, Pou Awhina, Mental Health Services, Lakes DHB, for providing the kaupapa (theme) for the wananga.)

The organising committee was comprised of Lakes DHB Māori Mental Health Nurses from the Rotorua area, who were allocated portfolios to manage and strategically plan the event. The maintenance of Te Arawa kawa was provided through an advisory group of kaumatua and kuia from within Lakes DHB. Guidance and additional support was also provided by the College Māori Caucus Committee.

Local Organising Committee	Maori Caucus Committee Support	
Lucy Kereopa—Convenor/Secretary / Administration	Tio Sewell	Secretary
Mata Tamariki—Registration Coordination	Hineroa Hakiaha	Kaiwhakahaere
John Emery—Caucus Representative/ Treasurer	May Hart	Committee
Taulima Poupoasa—Programme Coordination	Maria Baker	Maori Caucus
Millie Aperahama—Programme Coordination	Nani McClusky	Maori Caucus
Maureen Emery— Support Sponsorship and Programme Coordination		

## **Venue**

The wananga was held at Tangatarua Marae, on the grounds of Waiariki Institute of Technology (Mokoia campus). We were blessed with beautiful weather and a wonderful location.

## **Programme Brief**

On Wednesday 28th March the wananga commenced with a pōwhiri, the handing over of Taranga from the Dunedin branch of the College and then Whakawhanaungatanga. Following dinner Roopu Wawao took place, where invited manuhiri: Mere Hammond, Jamesina Kett, Moe Milne, Ron Baker, Bob Elliot and Timoti George reflected on their dreams, aspirations, knowledge and experiences as Māori psychiatric/mental health nurses and how these influenced their careers. (contd over page)

The names of Oakley, Carrington, Kingseat, Tokanui, Porirua, Ngawhetu and Sunnyside were mentioned during this item. MC's, Maureen and John Emery, added to the evening, dressed in the familiar male and female uniforms that were worn in the large institutions and utilised a nursing code book to humour upon behaviour during the reflections.

Thursday 29th March the opening address for the wananga was made by Hineroa Hakiha, Kaiwhaka-haere, Māori Caucus, Te Ao Maramatanga. Cathy Cooney, CEO, Lakes DHB, followed to welcome all to the wananga and the wananga proper began with the Keynote Speaker for the day, Moe Milne, Independent Consultant with a background in psychopaedic /psychiatric nursing and Māori Health Research.

A panel discussion on the Thursday afternoon discussed the question, "What is the role of mental health nursing in whanau ora?" Two groups; one of mental health nurses and the other non-nursing mental health practitioners, gave their respective perspectives on the question. The ensuing discussion and consensus appeared to be that it was not about fitting whanau ora into mental health nursing practice, but mental health nursing fitting into whanau ora.

On Thursday evening a formal dinner was held for the inaugural Whetu Kanapa Awards. These awards are to honour Māori Mental Health Nurses, for their lifetime contributions to cultural and clinical excellence. The inaugural recipients were; Mere Hammond, Jamesina Kett, Ron Baker, Bob Elliot and Timoti George. Guest speaker for the evening was Te Ururoa Flavell, MP for Waiariki and Māori Party Whip. We were also fortunate in being entertained by the Tuhourangi Ngati Wahiao Kapa Haka, Regional winners to represent the Te Arawa rohe, for the Matatini Kapa Haka competition in 2013.

The final day, Friday 30 March began with Keynote Speaker, Erina Ngati-Morrison, Rotorua born and bred, and currently Associate Director of Nursing (Mental Health), at Waikato DHB. Two final presentations were made by Tio Sewell and Maria Baker, both Māori caucus members. The wananga concluded with the stepping down of Māori Caucus members; Hineroa Hakiha, Nani McCluskey, May Hart and Tio Sewell, and the welcome of the new Māori Caucus members; Patricia (Tish) Siaosi (Raukura Hauora o Tainui ) as Kaiwhakahaere; Pipi Barton (Waikato DHB), Jayne Tawhi-Amopiu (Capital & Coast DHB), Katrina Wahanui (Counties-Manukau DHB). They will sit alongside current Caucus members Maria Baker (Te Rau Matatini) and John Emery (Lakes DHB).

### **Presentations**

Twelve abstracts were submitted, topics were varied and included;

- collective health outcomes
- indigenous self-reflection
- gifts of the past support the present
- challenge of change in the new health environment
- equal partnership between culture and clinical
- recognising the skill, knowledge, leadership of the past to support the present
- career pathway to support the personal and professional development of Māori nurses
- reflecting on cultural upbringing and the influence in clinical practice
- development of best practice guidelines for the hauora placement of Māori nursing students
- professional development to practice effectively in Te Ao Māori and mainstream mental health

The only issues identified in relation to the presentations was that participants indicated that they would have preferred to have gone to them all.

### **Attendance**

There were a total of 87 registrations/attendees to the Wananga including invited speakers. Most DHB's in the North Island were represented, along with two from the South Island. There was also a strong attendance from Māori Mental Health providers and tertiary education institutions

### **Financial**

Total Income	36,825.00
Total Expenditure	23,238.24
Total Nett	13,586.76

(This may or may not be the final figure as the organising committee is awaiting the outcome of some remaining pledged sponsorship.)

### **Evaluation / Summary**

Of the 51 returned evaluation forms, 47 of the respondents indicated they were "Tu Meke" (very satisfied) with all aspects including; wananga, Roopu Wawao, Keynote Speakers, Whetu Kanapa Awards, Panel Discussion, concurrent sessions, venue and catering.

# CALL FOR RESEARCH PARTICIPANTS



Call for further participants

Thank you to those nurses who have offered to participate in my research. The response has been very encouraging. Interviews are now underway and I will be in touch with others very soon.

This call now is for **people with an intellectual disability** who have had an admission to a mental health service within the last 12 months as well as **carers (paid or unpaid)** who have supported a person with an intellectual disability during the time of admission to a mental health unit. The role of 'carer' is defined further to include family/significant other, support staff or case managers (these may be nurses), basically anyone who has supported a person with an intellectual disability during the time they were receiving inpatient care.

If this is you or if you know someone who may be interested in sharing their experiences can you please pass on my contact details. They may text their name and the word research to 0210776867 or email me at [chris.taua@cpit.ac.nz](mailto:chris.taua@cpit.ac.nz)

Thank you  
Chris Taua

## A GOOD NEWS STORY?

### NZ Herald May 22, 2012 - Headline: Govt to spend \$62m on youth mental health

The Government is to pour millions into new online initiatives to tackle youth mental health problems including New Zealand's woeful youth suicide rate.

It will also put more nurses into low decile secondary schools and test out an initiative targeted at Maori and Pacific youth via the Whanau Ora programme.

Prime Minister John Key yesterday launched a \$62 million package over four years to improve youth mental health services which has its foundations in a report by science adviser Sir Peter Gluckman last year that highlighted the risks facing young New Zealanders.

Humour Corner

## Nurstoons



www.nurstoon.com

# The Role of the College

## Our objectives:

**Represent** the professional interests of psychiatric and/or mental health nurses in Aotearoa New Zealand and those enrolled nurses who work in mental health setting in Aotearoa New Zealand;

**Promote** and develop the identity of psychiatric/mental health nurses as specialists working in a clinical speciality field via representation and liaison; obtain recognition of the professional status of psychiatric/mental health nurses and to promote public awareness of mental health nursing;

**Advance** the educational and clinical expertise of members; promote and develop nursing codes of ethics, education and practice which are culturally safe and encompass the three articles of the Treaty of Waitangi and the principles of Kawa Whakaruruhau.

**Approve** national standards of practice taking into account the unique cultural, social and political conditions existing in Aotearoa New Zealand to guide members in their professional practice; develop and support research which may benefit the community and the profession;

**Promote** clinical career pathways within the clinical speciality field;

**Promote** awareness of the members about political decisions which may affect the clinical and professional role of those members;

**Form** links with other health professional bodies in Aotearoa New Zealand and internationally.



*Taranga Te Kumete o  
Te Ao Maramatanga*



*If you're in a bad situation, don't worry it'll change. If you're in a good situation, don't worry it'll change.*

*John A. Simone, Sr.*

Quote to ponder upon



National Information Service and Resource Centre Coordinator  
Mental Health Foundation NZ

[www.mentalhealth.org.nz](http://www.mentalhealth.org.nz); [kim@mentalhealth.org.nz](mailto:kim@mentalhealth.org.nz)

Kim Higginson DD (09) 300 7038

The Resource and Information Centre is located at 81 New North Road, Eden Terrace, Auckland. Open to the public from 9.00am - 4.30pm, Monday to Friday. Resource Centre Phone (09) 300 7030.

*Working to improve the mental health of all people and communities in New Zealand*



Are you environmentally friendly?  
Are you reading this newsletter online?  
**FANTASTIC!**  
As a reward here is a list of useful links.



[Te Ao Maramatanga: New Zealand College of Mental Health Nurses](#)



[Mental Health Commission](#)



[Mental Health Foundation](#)



[World Health Organisation](#)



[Nursing Council of New Zealand](#)



[International Council of Nurses](#)



[Te Pou](#)

## The College Boards

The three Boards are Professional Practice, Research, and Education.  
The purpose of the Boards is to promote, support and develop the professional practice of psychiatric mental health nurses in the three key areas. In time this will allow the College to be responsive to professional issues.

***Watch for updates!***

**Note from the Editor:**  
Let's make this your newsletter where you talk to your community rather than us doing all the talking.  
Please send your comments, letters, regional reports to Chris now at  
[chris.taua@cpit.ac.nz](mailto:chris.taua@cpit.ac.nz)

**NOTE**

Share your knowledge with the College:

## Your Regional contacts

Northland: Bart van Gaalen  
[bartvangaalen@gmail.com](mailto:bartvangaalen@gmail.com)

Auckland: Colette Adrian;  
[ColetteA@adhb.govt.nz](mailto:ColetteA@adhb.govt.nz)

Waikato: Louise an der Berg  
[Louise.vanderberg@wintec.ac.nz](mailto:Louise.vanderberg@wintec.ac.nz)

Rotorua: Mandy Allman [Man-dy.Allman@bopdhb.govt.nz](mailto:Man-dy.Allman@bopdhb.govt.nz)

Midcentral: Karin Nesdale  
[karin.nesdale@midcentraldhb.govt.nz](mailto:karin.nesdale@midcentraldhb.govt.nz)

Hawkes Bay: Michael Connolly  
[Michael.Connolly@hawkesbaydhb.govt.nz](mailto:Michael.Connolly@hawkesbaydhb.govt.nz)

Central District: Stacey Wilson  
[S.Wilson@massey.ac.nz](mailto:S.Wilson@massey.ac.nz)

Wellington: Eileen Weekly;  
[eileen.weekly@ccdhb.org.nz](mailto:eileen.weekly@ccdhb.org.nz)

Nelson: Dave Emerson  
[david.emerson@nmhs.govt.nz](mailto:david.emerson@nmhs.govt.nz)

Christchurch: Mel Lienert-Brown;  
[Melanie.leinertbrown@cpit.ac.nz](mailto:Melanie.leinertbrown@cpit.ac.nz)

Dunedin: Paul Stewart;  
[paul.stewart@southerndhb.govt.nz](mailto:paul.stewart@southerndhb.govt.nz)

### Newsletter Group

Editor:  
Chris Taua  
[chris.taua@cpit.ac.nz](mailto:chris.taua@cpit.ac.nz)

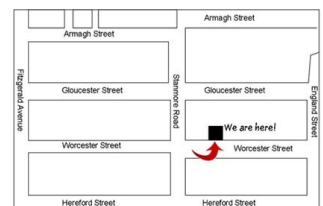
Co Editor:  
Stacey Wilson  
[S.Wilson@massey.ac.nz](mailto:S.Wilson@massey.ac.nz)

Want to join the College? Membership information at  
<http://www.nzcmhn.org.nz/53974/html/page.html>

## Mental Health Education and Resource Centre (MHERC)

The Mental Health Education & Resource Centre provides a free mental health library for everyone in Christchurch and the South Island of New Zealand.

The free mental health library is open to the public and provides information on all aspects of mental health and mental illness. We have available for loan - books, DVD's, CD's, and videos on topics such as depression, eating disorders, grief, professional development, bipolar (manic depression), post natal depression, post traumatic stress disorder, personality disorder, schizophrenia, anxiety, phobia, obsessive compulsive disorder (OCD), agoraphobia, ADHD, children's health, abuse, violence, personal development, psychosis, medications, counselling, CDHB Services, personal experience and much more! Pamphlets are available at no cost.



They will post items free of charge with return postage paid to anyone living in the South Island of New Zealand.

<http://www.mherc.org.nz>

We can put you in touch with Support Groups.

403a Worcester Street

Linwood

Phone: 03 365 5344 - Rural freephone: 0800 424 399

Fax: 03 381 0530

P O Box 32 035

Christchurch

# UPCOMING EVENTS AND CONFERENCES



## New Zealand Mental Health and Addiction Nurse Educators Forum

September 27<sup>th</sup> - 28<sup>th</sup> 2012

Chateau on the Park, Christchurch

**"MOVERS AND SHAKERS"** - Mental Health Nurse Educators in 2012 and Beyond

For more information and registration form please contact

Cathy King, Convenor NZMH&AF 2012

Telephone – (03) 337 7969 ext. 33868

Email – [cathy.king@cdhb.govt.nz](mailto:cathy.king@cdhb.govt.nz)

For more information on International Mental Health Conferences visit

[Psychiatry Conferences Worldwide](http://www.conferencealerts.com/psychiatry.htm)

Upcoming events in psychiatry, mental health and related fields

<http://www.conferencealerts.com/psychiatry.htm>

### **Exploring the relationships in mental health - Health, Recovery and Wellbeing - Perth**

Monday, 11 June 2012 - Wednesday, 13 June 2012

This conference reflects on the individual journey of recovery, the organisations which are part of that journey, the overall mental health system and the changes needed to enhance that journey.

<http://www.rfwa.org.au/aspac2012/>

### **Positive Change: Investing in Mental Health - Australia**

The 13th International Mental Health Conference  
Gold Coast, Qld.

Monday, 06 August 2012 - Wednesday, 08 August 2012

<http://www.anzmmh.asn.au/conference>

### **International Philosophy and Psychiatry Conference: Culture & Mental Health**

Thursday, 05 July 2012 - Saturday, 07 July 2012

<http://www.events4you.co.nz/inpp2012.html>

### **International conference on Wellbeing and Public Policy - Wgtn**

Date: 13–15 June 2012

The Wellbeing and Public Policy Conference will bring world experts and policymakers together in order to discuss recent advances in wellbeing research and their application to policymaking at all levels of government.

<http://www.wellbeingandpublicpolicy.org/>

### **Making sense of psychosis - Akld**

VALUING SUBJECTIVE EXPERIENCE: First joint conference of the Australian and NZ branches of ISPS

August 29th (training workshops), 30th & 31st (seminars), 2012 University of Auckland  
Wednesday, 29 August 2012 - Friday, 31 August 2012

[www.isps.org](http://www.isps.org)



the Australian College  
of Mental Health Nurses Inc.

**Consultation-Liaison Special Interest Group  
10<sup>th</sup> Annual Conference  
in collaboration with  
the Victorian Branch and  
Perinatal / Infant Mental Health Nurses**

## ***MENTAL HEALTH NURSES: MAXIMISING POTENTIAL***

**7<sup>th</sup> & 8<sup>th</sup> June 2012**

**Pre-conference workshops 6<sup>th</sup> June**

**Carson Conference Centre**

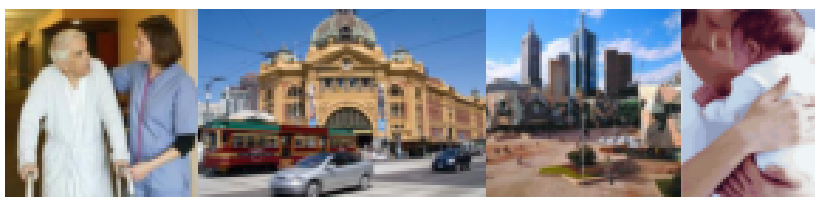
**ANF House**

**540 Elizabeth St Melbourne**

The focus of this conference is on the work of mental health nurses in practice settings where mental health care is not the predominant focus. This includes general hospitals, emergency departments, nursing homes, community health centres, perinatal services and other general or specialised health services. Nurses working in these settings attend to the mental health care of clients alongside clinicians not specifically educated in mental health. This brings particular challenges and rewards.

What are your experiences? What are you able to share with colleagues that help us develop our practice?

***Call for abstracts: see over***



Proudly sponsored by

